

Please read the instructions before using your Panthera D-SAD Classic or D-SAD X3.

Introduction

The D-SAD Classic and D-SAD X3 are devices for the treatment of snoring and mild to moderate obstructive sleep apnea (OSA) in adults. They are made of a soft, flexible material that is comfortable to wear and does not require a prescription from a physician. The Panthera D-SAD devices are made to your precise measurements and are single patient use. Do these devices work? When worn during sleep, the devices are positioned on the teeth to move the lower jaw forward. By advancing the jaw, the tongue is also moved forward to help keep the upper airway open. Opening the airway eases the airflow, reducing snoring and OSA.

Indications for Use
 The Panthera D-SAD devices are intended to reduce or alleviate snoring and mild to moderate obstructive sleep apnea (OSA) in adults. In case of severe obstructive sleep apnea, consulting to country-specific guidelines, they may be indicated as a second line therapy after reflux, failure or intolerance to Continuous Positive Airway Pressure (CPAP).

Important to Remember
 Always wear both upper and lower splints together. Before each use, check the device for:

Possible damage: INSPECT your D-SAD for signs of damage, such as fractures and cracks. If the device is damaged or broken, the device must NOT be used any longer in order to avoid injuries, such as choking or laceration. Discontinue use and immediately contact your sleep dentist.
 Cleaning: If the device is not clean, it should be cleaned as per the cleaning instructions.

Contraindications
 The Panthera devices are contraindicated for patients who:
 -Are under 18 years of age.
 -Have loose teeth.
 -Have advanced periodontal disease.
 -Have severe or ruptured disorders other than OSA.
 -Have any light allergies.

Precautions
 The dental sleep specialist should consult the medical history of the patients, including history of asthma, breathing or respiratory disorders, or other relevant health problems, and refer the patient to the appropriate health provider before prescribing the device.

Possible Side Effects
 The use of the Panthera devices may cause some side effects, including:
 -Dry mouth or sore throat.
 -Excessive salivation or mouth dryness.
 -Allergic reactions to the materials used in the device.

Important Information
 Panthera Dental, and for EU patients, must also be reported to the competent authority in your country of residence.

Package Contents
 -D-SAD Classic with rod kit OR D-SAD X3 with clip kit.
 -Cleaning brush.
 -Storage container.
 -Instructions for use.
 -Orthodontic elastic bands (optional for D-SAD Classic).
 -Optional: patient dental model.

Parts
 -Upper splint and lower splint with fixed pivot point (anchorage).
 -A rod kit for jaw advancement. The rods come in different lengths; the dentist will determine the best length for you.

Patient Instructions for Use
 Mode d'emploi pour les patients
 -Gebrauchsanweisung für Patienten
 -Instrucciones de uso para el paciente
 -Istruzioni per l'uso per i pazienti
 -Gebruiksaanwijzing voor de patiënt
 -Brugsvejledning til patienter
 -Brugvejledning til patienter
 -Potlián káttóthøjtejt

Panthera Dental Inc.
 9105 rue Simons, Quebec (QC) Canada G2B 0S6
 Tel. +1 855 233-0388 WWW.PANTHERASLEEP.COM

Panthera Dental, France
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

The next section applies to both devices

Getting ready for sleep

Brush and floss your teeth and moisten your device with lukewarm water.
 -You place the device in your mouth, position the UPPER SPLINT FIRST on the teeth.
 -Move your jaw forward, press the lower splint in place onto your lower teeth.
 -Press on both sides with your fingers.
 -Slowly close your mouth. In this configuration, the jaw is at a forward position.

Removing the D-SAD Classic or X3
 1. Remove the lower splint: place the thumbs on both sides of the lower splint, near the gum in front at the level of lower canines, and lift both sides of the device.
 2. Remove the upper splint: place your fingers on both sides of the splint at the splint, near the gum, and pull down on both sides of the splint at the same time.

Cleaning and storing instructions
 After each use:
 -Rinse the device thoroughly with warm water.
 -Dry the device thoroughly with a clean towel.
 -Store the device in its box at room temperature, away from direct heat.

Important Information
 Panthera Dental, and for EU patients, must also be reported to the competent authority in your country of residence.

Package Contents
 -D-SAD Classic with rod kit OR D-SAD X3 with clip kit.
 -Cleaning brush.
 -Storage container.
 -Instructions for use.
 -Orthodontic elastic bands (optional for D-SAD Classic).
 -Optional: patient dental model.

Parts
 -Upper splint and lower splint with fixed pivot point (anchorage).
 -A rod kit for jaw advancement. The rods come in different lengths; the dentist will determine the best length for you.

Patient Instructions for Use
 Mode d'emploi pour les patients
 -Gebrauchsanweisung für Patienten
 -Instrucciones de uso para el paciente
 -Istruzioni per l'uso per i pazienti
 -Gebruiksaanwijzing voor de patiënt
 -Brugsvejledning til patienter
 -Brugvejledning til patienter
 -Potlián káttóthøjtejt

Panthera Dental Inc.
 9105 rue Simons, Quebec (QC) Canada G2B 0S6
 Tel. +1 855 233-0388 WWW.PANTHERASLEEP.COM

Panthera Dental, France
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-1030 Brussels, Belgium
 Panthera Dental, Mexico
 38 Rue Jean Mermoz, 78600 Maisons Laiffite France.

Panthera Dental, USA
 22343 La Palmyre Ave, Ste 128, Yorba Linda, CA USA 92887
 Panthera Dental Germany GmbH
 Zeppelstraße 44, 73760 Ostfildern, Germany

Obelis S.r.l.
 B-Général Wahis 53
 B-103



